



THE INNER EDGE · DEPTH

Vivid Vision.

A future so compelling it draws you forward

Your vivid year.

If anything were possible, what would be true of your life in a year? Present tense, as if it is already true. Sit until the real one surfaces.

THE PEOPLE

I've worked with these people this year.

The brand, the organisation, the client it would thrill you to name.

1

2

3

HOW IT FEELS

Three words for how it feels to be you on an ordinary Tuesday in that year.

THE INCOME

In the year

In the month

What I charge for my main offer

THE REST OF IT

What has this new reality unlocked everywhere else in my life?

Is it mine? Pull, origin, still alive. If any of the three is a no, the vision is borrowed.



Performance goals.

Four months out. Near enough to be real, far enough to still be the vision. Pull these straight back from the year you just wrote.

IN THE BUSINESS

IN THE MONEY

IN YOUR LIFE OUTSIDE THE WORK

THE HONEST QUESTION

Which of these three am I committing to, and which am I hoping for?

A goal you are hoping for is a wish with a date on it.



The sprint.

One month. Three things that exist by 30 September. Bold, measurable, time-bound. Things you could show someone, not activities.

WHAT EXISTS BY 30 SEPTEMBER

1

2

3

THE ANCHOR

What do I need to anchor into for this to be true?

The belief that has to hold when the week goes badly.

THREE BOLD COMMITMENTS

1

2

3



What am I committing to?

This is where we relate to the gap with action.

THE GAP

WHERE I AM

WHERE I WANT TO BE

HOW I AM RELATING TO IT RIGHT NOW

One word. Evidence I'm behind, a threat to avoid, a problem to solve, fuel, something else.

WHAT I AM COMMITTING TO IN THE NEXT SEVEN DAYS

1

2

3

THE ONE I'VE BEEN AVOIDING

The conversation, the ask, or the decision. Who, and when.

A good opportunity that's off-path is still a no. The vision decides, not the fear of a quiet week.

